

**Women: 18 hole Medal (red tees)**

*Women receive additional strokes according to the tees being used by the Men*

	<b>Women</b>	<b>Men</b>			
<b>Tees:</b>	<b>Red</b>	<b>White</b>	<b>White Alt</b>	<b>Yellow</b>	<b>Yellow Alt</b>
<b>Course Rating:</b>	<b>72.4</b>	71.2	70.3	69.1	68.3
	<b>Adjustment:</b>	+ 1.2	+ 2.1	+ 3.3	+ 4.1

Handicap Index	Course H/C	95%	Playing Handicap when Men playing from:			
			White	White Alt	Yellow	Yellow Alt
+ 4.8 to + 4.0	+ 5	+ 5	+ 4	+ 3	+ 1	+ 1
+ 3.9 to + 3.1	+ 4	+ 4	+ 3	+ 2	+ 0	0
+ 3.0 to + 2.3	+ 3	+ 3	+ 2	+ 1	0	1
+ 2.2 to + 1.4	+ 2	+ 2	+ 1	0	1	2
+ 1.3 to + 0.5	+ 1	+ 1	0	1	2	3
+ 0.4 to 0.4	0	0	1	2	3	4
0.5 to 1.3	1	1	2	3	4	5
1.4 to 2.2	2	2	3	4	5	6
2.3 to 3.0	3	3	4	5	6	7
3.1 to 3.9	4	4	5	6	7	8
4.0 to 4.8	5	5	6	7	8	9
4.9 to 5.7	6	6	7	8	9	10
5.8 to 6.6	7	7	8	9	10	11
6.7 to 7.5	8	8	9	10	11	12
7.6 to 8.3	9	9	10	11	12	13
8.4 to 9.2	10	10	11	12	13	14
9.3 to 10.1	11	10	12	13	14	15
10.2 to 11.0	12	11	13	14	15	16
11.1 to 11.9	13	12	14	14	16	16
12.0 to 12.8	14	13	15	15	17	17
12.9 to 13.6	15	14	15	16	18	18
13.7 to 14.5	16	15	16	17	19	19
14.6 to 15.4	17	16	17	18	19	20
15.5 to 16.3	18	17	18	19	20	21
16.4 to 17.2	19	18	19	20	21	22
17.3 to 18.0	20	19	20	21	22	23
18.1 to 18.9	21	20	21	22	23	24
19.0 to 19.8	22	21	22	23	24	25
19.9 to 20.7	23	22	23	24	25	26
20.8 to 21.6	24	23	24	25	26	27
21.7 to 22.5	25	24	25	26	27	28
22.6 to 23.3	26	25	26	27	28	29
23.4 to 24.2	27	26	27	28	29	30

24.3 to 25.1	28	27		28	29	30	31
25.2 to 26.0	29	28		29	30	31	32
26.1 to 26.9	30	29		30	31	32	33
27.0 to 27.8	31	29		31	32	33	34
27.9 to 28.6	32	30		32	33	34	35
28.7 to 29.5	33	31		33	33	35	35
29.6 to 30.4	34	32		34	34	36	36
30.5 to 31.3	35	33		34	35	37	37
31.4 to 32.2	36	34		35	36	38	38
32.3 to 33.1	37	35		36	37	38	39
33.2 to 33.9	38	36		37	38	39	40
34.0 to 34.8	39	37		38	39	40	41
34.9 to 35.7	40	38		39	40	41	42
35.8 to 36.6	41	39		40	41	42	43
36.7 to 37.5	42	40		41	42	43	44
37.6 to 38.4	43	41		42	43	44	45
38.5 to 39.2	44	42		43	44	45	46
39.3 to 40.1	45	43		44	45	46	47
40.2 to 41.0	46	44		45	46	47	48
41.1 to 41.9	47	45		46	47	48	49
42.0 to 42.8	48	46		47	48	49	50
42.9 to 43.6	49	47		48	49	50	51
43.7 to 44.5	50	48		49	50	51	52
44.6 to 45.4	51	48		50	51	52	53
45.5 to 46.3	52	49		51	52	53	54
46.4 to 47.2	53	50		52	52	54	54
47.3 to 48.1	54	51		53	53	55	55
48.2 to 48.9	55	52		53	54	56	56
49.0 to 49.8	56	53		54	55	57	57
49.9 to 50.7	57	54		55	56	57	58
50.8 to 51.6	58	55		56	57	58	59
51.7 to 52.5	59	56		57	58	59	60
52.6 to 53.4	60	57		58	59	60	61
53.5 to 54.0	61	58		59	60	61	62