

1. Find the row containing your **Handicap Index** in the 1st column.
2. Your **Course Handicap** is shown in the 2nd column.
3. Your **Playing Handicap** for Individual play is shown in the 3rd column.
4. Your **Playing Handicap** for Best-ball Team play is shown in the 4th column.

Men: White Alternate Tees (10th par 3)			
Course rating: 70.3		Slope rating: 125	

Handicap Index	Course H'cap	Playing H'cap	
		95%	85%
0.5 to 1.3	1	1	1
1.4 to 2.2	2	2	2
2.3 to 3.1	3	3	3
3.2 to 4.0	4	4	3
4.1 to 4.9	5	5	4
5.0 to 5.8	6	6	5
5.9 to 6.7	7	7	6
6.8 to 7.6	8	8	7
7.7 to 8.5	9	9	8
8.6 to 9.4	10	10	9
9.5 to 10.3	11	10	9
10.4 to 11.2	12	11	10
11.3 to 12.2	13	12	11
12.3 to 13.1	14	13	12
13.2 to 14.0	15	14	13
14.1 to 14.9	16	15	14
15.0 to 15.8	17	16	14
15.9 to 16.7	18	17	15
16.8 to 17.6	19	18	16
17.7 to 18.5	20	19	17
18.6 to 19.4	21	20	18
19.5 to 20.3	22	21	19
20.4 to 21.2	23	22	20
21.3 to 22.1	24	23	20
22.2 to 23.0	25	24	21
23.1 to 23.9	26	25	22
24.0 to 24.8	27	26	23
24.9 to 25.7	28	27	24
25.8 to 26.6	29	28	25
26.7 to 27.5	30	29	26

Handicap Index	Course H'cap	Playing H'cap	
		95%	85%
27.6 to 28.4	31	29	26
28.5 to 29.3	32	30	27
29.4 to 30.2	33	31	28
30.3 to 31.1	34	32	29
31.2 to 32.0	35	33	30
32.1 to 32.9	36	34	31
33.0 to 33.8	37	35	31
33.9 to 34.8	38	36	32
34.9 to 35.7	39	37	33
35.8 to 36.6	40	38	34
36.7 to 37.5	41	39	35
37.6 to 38.4	42	40	36
38.5 to 39.3	43	41	37
39.4 to 40.2	44	42	37
40.3 to 41.1	45	43	38
41.2 to 42.0	46	44	39
42.1 to 42.9	47	45	40
43.0 to 43.8	48	46	41
43.9 to 44.7	49	47	42
44.8 to 45.6	50	48	43
45.7 to 46.5	51	48	43
46.6 to 47.4	52	49	44
47.5 to 48.3	53	50	45
48.4 to 49.2	54	51	46
49.3 to 50.1	55	52	47
50.2 to 51.0	56	53	48
51.1 to 51.9	57	54	48
52.0 to 52.8	58	55	49
52.9 to 53.7	59	56	50
53.8 to 54.0	60	57	51